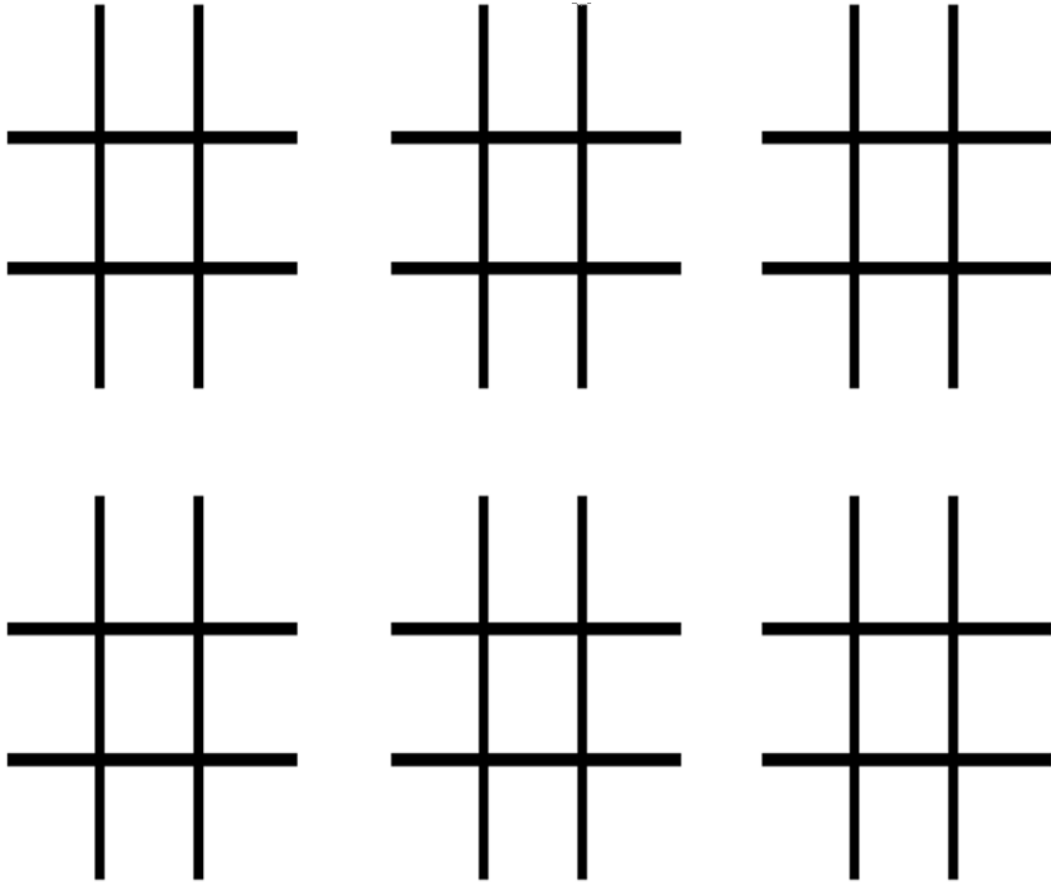
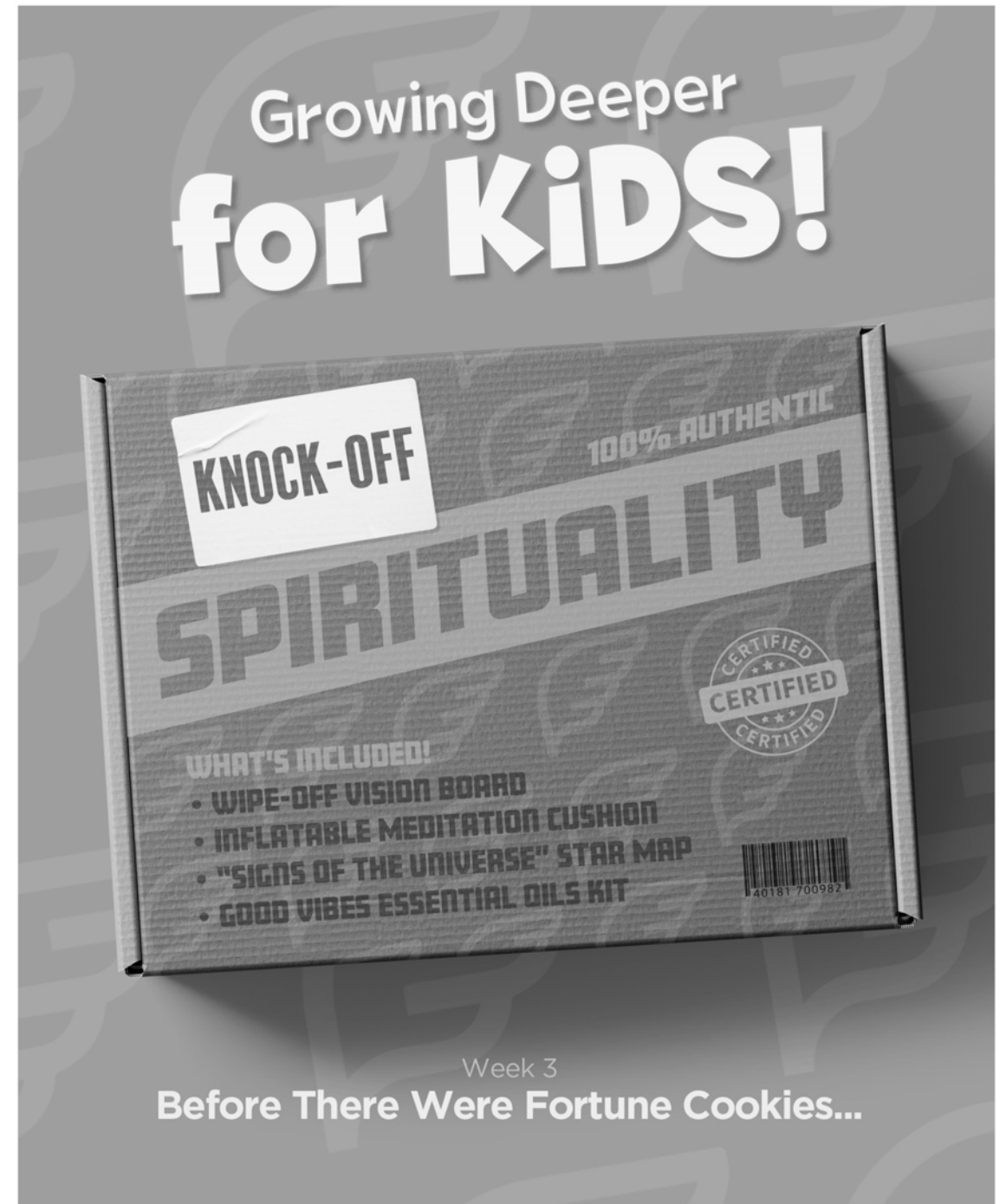


TIC TAC TOE



pathfinderstl.org/kids



Week 3
Before There Were Fortune Cookies...

Use *Growing Deeper for Kids* to help you follow along during the message and/or as a tool during the week to talk with your family about what you've learned.

What does 'mindfulness' look like to you?

Do you think you could meditate for 3 minutes? _____

Philippians 4:6-7

Do not be _____ about anything, but in every _____, by prayer and _____, with _____, present your requests to _____.

And the _____ of God, which _____ all understanding, will guard your _____ and your _____ in Christ _____.

Philippians 4:8-9

"Finally, _____ and _____, whatever is _____, whatever is _____, whatever is _____, whatever is _____, whatever is _____ - if anything is _____ or _____ - think about such things.

Whatever you have _____ or _____ or heard from me, or seen in me— put into _____. And the God of _____ will be with you."

Name: _____

Counting bugs!



Directions: Count the bugs.
Color or dab with marker the correct number.

	<p>7</p> <p>6</p> <p>5</p>		<p>4</p> <p>6</p> <p>5</p>
	<p>7</p> <p>9</p> <p>8</p>		<p>9</p> <p>10</p> <p>8</p>
	<p>8</p> <p>9</p> <p>10</p>		<p>4</p> <p>5</p> <p>3</p>

Numbers 0-10

march

D D F O G D G F S X T Q V Q W W I B Y O Y U D T
C C N J G Y B P T F E O R Y I A W R Y V A T Q U
Y Z A E A Y R I H E E Q M S U T B W I U D H U D
X A M G S I V I I Z I G O P P B U D I S I L K X
F W X U N X E H R P R R J R X K B H Q D R B V H
T I U G Z N T B T E E R Z I X D A R P Q F L N Z
O F R W Y B E U Y W W H L N G X S C Y X D J J Y
R F N Q A X E F O M W G K G Y W K G T N O K O S
P A G E N U U L N A W S Q B A H E G G I O F E T
I A I Z K J F X E P D Z C R D K T P I M G Y T P
G N X N V W X A D H N A R E N R B T O D F N Y A
Q L J G K O T D A O Z B K A U M A O B L Q D A T
O S P I L U T H Y I Z D G K S F L U W G X M D R
T P U V F A C F S B B N T Z M B L M X F U Y N I
M Y C G P N H J P C V D I R L C G I A T H G U C
C S W W E X A G E H E D G Y A Q B H E G M M S K
Z O I E N Q L E E H N R W E P C X K V Q N X R S
O N R A H Q D Y U I Y F C Y D M K D X B V M E D
V G R C S L U H W T J L G A H O V F J I J X T A
F Q R S C Y A L L A B E S A B L X B L H F Q S Y
G A M I Y E M I T S G N I V A S T H G I L Y A D
M O Z B F M O M A R C H M A D N E S S T U Q E O
B Z N T L W M C C D F A L F Z Z C C I E K W F F
W S Y P P Y C D F K U X E U U T F N F Q B J U D

rain
palmsunday
springbreak
track
st patricks day
tulip
wind

thirtyonedays
daylightsavingstime
bloom
baseball
green
flower
march

eastersunday
goodfriday
marchmadness
basketball
iris
spring

What are some of the different ways the body can help create mindfulness?

John 15:5

“I am the _____; you are the _____. If you remain in _____ and I in _____, you will bear much _____; apart from me you can do _____.”

Matthew 6:33

“But seek first his _____ and his _____, and all these things will be _____ to you as well.”

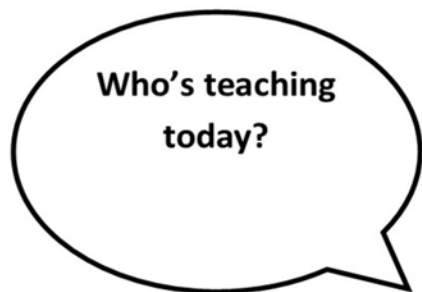
Matthew 11:28

“Come to _____, all you who are _____ and _____, and will give you _____.”

Follow along as Pastor Dion leads us in a guided meditation.

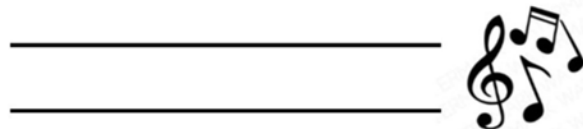
Prayer: Father God, we praise you! Thank you giving us a body that helps to feed the mind. Help us to keep the focus on you. Amen

Today's Date: _____

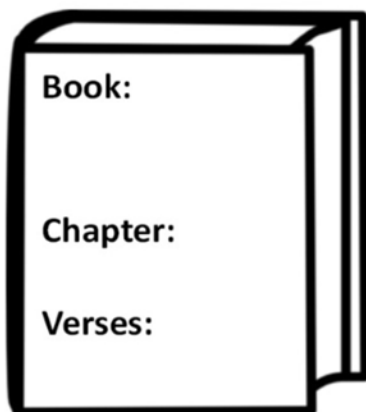


Follow along with today's message by filling in the blanks.

My favorite song we sang today was:



Today's Scripture



Draw something you heard about in today's message.



This week I can praise God by...



Questions?



Do not be anxious about anything,

but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

