

PHYSICAL ACTION TEAMS

<p>MEN'S FITNESS John Cotilla Men 21+ Saturdays @ 7:00AM 1/13/24 - 5/18/24 Pathfinder Soccer Field</p>	<p>Join us for a boot camp-style workout with the F3 Spirit Region whose mission is to plant, grow, and serve men through small workout groups. This is a rotating, peer-led, workout. Following each workout, there will be a 30-minute discussion from the Q-Source manual. Materials will be sent via the Slack app. You will need work gloves and clothes you don't mind getting dirty. The leader will supply a cinder block to be used as a weight.</p>
<p>FIT & STRONG (BEGINNER) Lisa Aston Women 19+ Wednesdays @ 10:00AM 1/17/24 - 2/28/24 Pathfinder Weight Room</p>	<p>This beginner exercise class is designed for all fitness levels. However, if you have a medical condition or have never exercised before, please seek guidance before registering. This class will be empowering, encouraging and fun! We'll use everything from your own body weight and dumbbells, to TRX and battleropes. You will be taught proper form and technique by volunteer leader, Lisa Aston, a personal trainer and member of Pathfinder. Bring a mat and water.</p>
<p>FIT & STRONG (INTERMEDIATE) Lisa Aston Women 19+ Wednesdays @ 9:00AM 1/17/24 - 2/28/24 Pathfinder Weight Room</p>	<p>Strength training for women - must have taken the beginner class or in a regular fitness class for at least 3 months. This class will be empowering, encouraging and fun, with the potential to be challenging at times. We'll use dumbbells, TRX and battleropes. You will be taught proper form and technique by volunteer leader, Lisa Aston, a personal trainer and member of Pathfinder. Bring a mat and water.</p>
<p>WEEKEND HIKING Kate Ceresia Co-Ed 30+ Saturdays @ 9:30AM 4/13/24 - 5/18/24 Local Trails in West County</p>	<p>Whether you're a seasoned hiker or just enjoy walking the trails, all skill levels are welcome! This team is about embracing a healthy lifestyle while being surrounded by the beauty of nature. Meets weekly for 6 weeks at local trails in West County, beginning 4/13/24. The meeting schedule and details will be communicated by the leader prior to the first hike.</p>
<p>WALKING / HIKING Larry Helling & Ron Steinkamp Co-Ed 30+ Wednesdays @ 8:30AM 3/27/24 - 5/15/24 Local Trails in West County</p>	<p>Get outdoors and join us on the trails. This group will meet at local trails in the West County area, both on flat walking trails and incline dirt trails. This 8-week team begins on 3/27/24. The meeting schedule and details will be communicated by the leader.</p>
<p>YOGA Jocelyn Garrett Co-Ed 18+ Mondays @ 8:15AM 1/15/24 - 2/26/24 Pathfinder Yoga Room</p>	<p>Explore the fundamentals of a flowing yoga practice as well as traditional poses, pranayama and yoga philosophy. You'll challenge yourself as you work at your own level in a safe and supportive environment. Modifications will be offered as you practice each pose. Participants will need to bring a mat, towel and a water bottle. This 4 session team meets weekly starting 9/25.</p>

<p>SUPER-REC INDOOR SOCCER Rachel Hinz & Ashley Culpepper Co-Ed 18+ Wednesdays @ 7:30PM 2/28/24 - 4/3/24 Manchester Vetta</p>	<p>Interested in playing soccer, but maybe it's been a while? The Super-Rec league at Vetta is a great way to just have fun playing soccer with others! Games will take place on Wednesday evenings for 6 weeks, with start times ranging from 7:30 - 9:00 PM. Anyone interested in joining will receive a request to register through Vetta prior to the first game. Additionally, there is a \$40-50 fee, paid in advance of the first game.</p>
<p>MODIFIED STRONGMAN Bill Gray Co-Ed 19+ Fridays @ 9:00AM 1/19/24 - 2/9/24 Pathfinder Weight Room</p>	<p>This group training class, led by a certified personal trainer, is designed for any fitness level and customizable to any ability level. In this class, you will lift, drag, slam, carry, and move heavy things. You will be challenged through functional movements to strengthen weaknesses and increase your range of motion. At the beginning and end of each class, you will focus on mobility and stretching while talking about nutritional habits. Bring a mat, a water bottle, and a towel.</p>
<p>PICKLEBALL Krista Hansen & Michele Bredow Co-Ed, 18+ Wednesdays @ 6:00PM 5/8/24 - 6/5/24 Pathfinder Gym & Other Courts</p>	<p>If you are an experienced Pickleball player, this is the team for you! Join us for 5 weeks of pickleball play at different locations, including the gym at Pathfinder and other local courts. Bring your own paddles and water bottle. Meets weekly beginning 5/8/24. The meeting schedule and details will be communicated by the leader.</p>
<p>THE DANIEL PLAN Bob Maessen Co-Ed 18+ Tuesdays @ 7:00PM 1/23/24 -3/13/24 Pathfinder Campus</p>	<p>This comprehensive, multi-week book and video study will equip you to bring health into multiple areas of your life that all work together to restore health for the long run. To start the season we will focus on introducing the five key areas of The Daniel Plan - Faith, Food, Fitness, Focus and Friends - using the book as a guiding resource. As a group, participants will collaboratively determine which area to delve into next during the video studies.</p>

FINANCIAL ACTION TEAMS

<p>MONEY CANVAS (BY THRIVENT) Online Money Guide: 1 on 1 18+ Customizable Days Participant Choice Virtual</p>	<p>Money Canvas is a free online program that helps you build healthier budgeting, saving, and spending habits. Over the course of 3-4 virtual sessions with just you and your Money Guide, you will build confidence and learn to mindfully manage your money. Once registered, the Action Team staff will contact participants with information on how to get started with this program.</p>
<p>PREPARE WISELY: ESTATE ESSENTIALS Nick Lawson, Financial Advisor Co-Ed 18+ Mondays @ 7:00PM 2/5/24-3/4/24 Online via Zoom</p>	<p>Get organized and learn about wills, healthcare directives and legacy planning. In this online team led by a Thrivent Financial Advisor, you will work through a guide and learn about necessary documents in an easy, step-by-step schedule so that you can have the peace that comes with knowing your loved ones will be cared for and your legacy established. The fifth and final meeting will offer a chance to have a Q&A with an attorney.</p>

<p>PREPARING AN ESTATE PLAN Erich Faulstich, GPC Co-Ed 18+ Mondays @ 7:00PM 1/22/24-2/12/24 Pathfinder Campus</p>	<p>Do you need to complete a will and estate plan or does your current plan need updating? This team will take what could be a daunting task and break it down into easy, manageable steps over the course of 4 weeks. Come ready to learn and work through the process so that by the end of this Action Team you are ready to finalize your plan on your own time with an attorney of your choice.</p>
<p>MAXIMIZING YOUR BUDGET Eric Balsman Co-Ed 18+ Thursdays @ 7:00PM 1/18/24-3/7/24 Pathfinder Campus</p>	<p>The ability to track where that money goes is essential to living a stable and fiscally responsible life. You will learn to use a zero-based budget in order to harvest the power and potential of your paycheck. The zero-based budget will provide you with more financial freedom by planning expenditures and understanding your spending habits to allow you to make changes and maximize the money that you already make. This team, led by a trained financial coach.</p>
<p>PREPARE WISELY: ESTATE ESSENTIALS Stephanie Feeny, FA Co-Ed 18+ Tuesdays @ 12:00PM 2/6/24-3/5/24 Online via Zoom</p>	<p>Get organized and learn about wills, healthcare directives and legacy planning. In this online team led by a Thrivent Financial Advisor, you will work through a guide and learn about necessary documents in an easy, step-by-step schedule so that you can have the peace that comes with knowing your loved ones will be cared for and your legacy established. The fifth and final meeting will offer a chance to have a Q&A with an attorney.</p>

MENTAL ACTION TEAMS

<p>FAITH IN RECOVERY Maiya Ingram Women (20+) in recovery from an ED Fridays @ 9:00AM 1/12/24 - 2/16/24 Online via Zoom</p>	<p>Are you a person in recovery from an eating disorder? If so, we invite you to join this team to discuss FAITH as a key ingredient to recovery. The leader is a clinical dietitian with over 20 years of experience in supporting ED recovery. This will be a 6-week Zoom session with reflective activities between sessions. Each of the 6 weeks will highlight a unique way to incorporate faith in recovery. This team will meet weekly starting on 1/12/24. The meeting schedule and details will be communicated by the leader.</p>
<p>PARENTS OF ADDICTED LOVED ONES Jeff Van Buren Co-Ed 18+ Tuesdays @ 6:30PM 3/5/24 - 5/14/24 Pathfinder Campus</p>	<p>Parents of Addicted Loved-ones (PAL) is a support group of parents helping parents. Because the impact of addiction is so widespread, we invite spouses, siblings, family members, and friends 18 and older to join us. We'll offer education and support for those dealing with a loved one battling addiction. PAL's evidence-based practices include curriculum topics such as delayed emotional growth, the role of the family in addiction, setting realistic boundaries, and healthy helping vs. enabling. This weekly, ongoing team begins 3/5/24.</p>
<p>CANCER COMPANIONS Jane Ingle Co-Ed 18+ Tuesdays @ 6:30PM 1/9/24 - 5/14/24 Pathfinder Campus</p>	<p>Cancer Companions are trained volunteers who support people in the treatment for cancer, post-treatment of cancer, and the families or caregivers of those with cancer through one-on-one sessions or in a group setting. Meets the 2nd and 4th Tuesday of each month Jan - May beginning 1/9/24.</p>

<p>GRIEFSHARE Donna Hollingsworth Co-Ed 18+ Mondays @ 6:30PM 1/29/24-5/6/24 Pathfinder Campus</p>	<p>You don't have to go through the grieving process alone. GriefShare is a friendly, caring group of people who understand what you are going through and want to help. You'll gain access to valuable resources to help you recover from your loss and encourage you in rebuilding your life. There is a \$25 fee to cover materials for this team. You will receive a confirmation email after registration with a link to make payment. This team meets weekly for 13 weeks starting on 1/29/24.</p>
<p>SPECIAL NEEDS PARENTING Bridget Leonard Parents of Special Needs Kids Wed. or Thurs. @ 6:00PM 1/17/24 - 5/22/24 Pathfinder Campus & alternate sites</p>	<p>As special needs parents we know the struggles that come with an unexpected diagnosis. Navigating this new way of life can be difficult and, at times, overwhelming. We will dive into God's plan for our children, how to cope with anxieties and stresses, and how to maintain hope. This is a great opportunity to share the struggles each of us faces and also provide support for each other. Outside of the group, we can set up play dates for our kiddos to engage and give parents a safe space to unwind. Kids welcome!</p>
<p>UNTYING THE KNOTS OF THE HEART Chris Sturges Co-Ed 18+ Sundays @ 1:00PM 2/4/24 - 4/28/24 Pathfinder Campus</p>	<p>In this Action Team, we'll examine the background mental thought processes, habits, and emotions that predominate behind the scenes in order to become more aware and intentional about how we handle stress, negative emotions, and the way we live. Throughout the entire process, we'll seek to reorient those soundtracks to help us to better serve our family, friends, the world around us, and our God. Materials will be provided by the leader. Come with an open heart and willingness to complete reflective activities.</p>
<p>ACCOUNTABILITY Kelly Reinhart Co-Ed 18+ Tuesdays @ 6:00PM 1/16/24 - 2/13/24 Various</p>	<p>Are you starting a new routine, or are you looking for support on your Whole Life journey? This team offers accountability in a safe, supportive, and encouraging environment. The first meeting will take place at the leader's home in Ellisville, and all subsequent communication and activities will be determined by the team. The first meeting takes place on 1/16/24. Meeting details will be communicated by the leader.</p>
<h2>RELATIONAL ACTION TEAMS</h2>	
<p>CLASSIC MOVIE NIGHT Tara Reimann Women 21+ Wednesdays @ 7:00PM 1/24/24 - 2/21/24 Leader's home - Wildwood</p>	<p>Take a trip back to the golden days of Hollywood through the sights and sounds of cinema classics. Join the leader in her cozy home for movie night and, of course, a bit of popcorn and snacks here and there. Meeting location requires walking up several flights of stairs. This team meets weekly for four weeks starting on 1/24/24. The meeting schedule and details will be communicated by the leader.</p>
<p>CARDS AND CAFE Marti Reinhart Co-Ed 55+ Wednesdays @ 9:00AM 1/17/24 - 5/22/24 Pathfinder Commons</p>	<p>Join us, anytime, as we build community around cards, games, coffee, and sweet treats from our cafe. This is a great opportunity to meet new friends, have good conversations, and enjoy fun games. This ongoing team meets weekly starting on 1/17/24 and runs through May. The meeting schedule and details will be communicated by the leader.</p>

<p>MOM'S NIGHT IN/OUT Lacey Savage Women 25+ Tuesdays @ 6:30PM 1/23/24 - 3/19/24 Local Establishments in West County</p>	<p>Join fellow mothers for an evening of laughter and camaraderie as we visit local restaurants/establishments to unwind together. Embrace the opportunity to build connections with women who understand the joys and challenges of motherhood. This team meets bi-weekly for 5 sessions with the first meeting taking place at Mulligans Grill on 1/23/24. The meeting schedule and details will be communicated by the leader.</p>
<p>COOKING CLUB Trish Hartwig Women 21+ Wednesdays @ 6:30PM 2/7/24 - 4/17/24 Pathfinder Campus</p>	<p>Join this cooking club for women, inspired by the Kenilworth Cookbook Club (menus not based on the cookbook itself). Everyone brings a dish to share that is related to a pre-chosen theme for that week. A portion of the meeting will be devoted to sharing cooking tips and recipes. This team meets bi-weekly for 6 sessions starting on 2/7/24. The meeting schedule and details will be communicated by the leader.</p>
<p>TRIVIA NIGHT Kristi and Frank Weatherford Co-Ed 21+ Wednesdays @ 6:30PM 1/24/24 - 3/20/24 Crafty Chamelon</p>	<p>You might know all of the answers or you might know one, and that's OK! Let's play trivia, connect and have fun at The Crafty Chameleon in Ellisville. Singles and couples are welcome! This team meets bi-weekly for 5 sessions starting on 1/24/24. The meeting schedule and details will be communicated by the leader.</p>
<p>BOWLING Krista and Aaron Schweiss Couples 21+ Wednesdays @ 7:00PM 1/24/24 - 3/27/24 West County Lanes</p>	<p>Strike up some fun and join this team for some bowling! Whether you're a casual bowler, a seasoned pro, or you've never bowled a day in your life, this team offers a welcoming atmosphere and a little friendly competition. There is a cost of \$15-20/person for each night, which includes lane rental, booking fees, and shoes. This team meets bi-weekly for 5 sessions starting on 1/24/24. The meeting schedule and details will be communicated by the leader.</p>
<p>WOMEN IN LEADERSHIP Courtney Gerding Women 18+ Thursdays @ 7:00PM 1/18/24 - 5/16/24 Pathfinder Sanctuary</p>	<p>Surround yourself with like-minded women who are looking to connect on a deeper level of personal growth and faith. We will learn from each other by sharing stories of the ups and downs of life and how we can find strength in the midst of the struggles. Be inspired by guest speakers who share their personal journey through various aspects of life such as parenting, career, illness, leadership, business, and more! This team meets monthly for 5 months starting on 1/18/24.</p>
<p>CORNHOLE Nate Martin & Kevin Griffin Co-Ed 21+ Thursdays @ 6:30PM 1/11/24 - 2/15/24 Dogwood Social</p>	<p>Join in the fun with a game of Cornhole! This Action Team is perfect for those seeking a blend of activity and friendly competition in a lively atmosphere. All skill levels are welcome! This team meets weekly for 6 weeks starting on 1/11/24. The meeting schedule and details will be communicated by the leader.</p>

VOCATIONAL ACTION TEAMS

<p>PHOTOGRAPHY 101 David Kovaluk Co-Ed 18+ Saturdays @ 4:00PM 1/20/24-2/24/24 Pathfinder Campus</p>	<p>Whether you are brand new to photography or you have been shooting for years but itching to perfect your craft, this is the team for you! We will cover types of cameras, basic camera controls, exposure basics (aperture, shutter speed, ISO, etc.), composition, and light. We may dip our toes into some studio lighting, crafting images, and storytelling! Bring your camera and leave your manual at home.</p>
<p>RANDOM ACTS OF KINDNESS Jennifer Quinn Families, Ages 4+ with adult Tuesdays @ 6:00PM 1/23/24-4/2/24 Pathfinder Campus</p>	<p>This team gives families a chance to share meaningful time together while instilling the habit of serving through random acts of kindness. We will gather every other week to complete an easy art or service project that will bless a senior community, our church, first responders, neighbors, or our own families. Led by an experienced art instructor, projects will include painting kindness rocks, decorating placemats for Meals on Wheels, and more! Projects may require a small contribution (around \$5/family) to cover supplies.</p>
<p>SUMMER BLAST BUILDERS Pathfinder Staff Co-Ed 18+ Sunday afternoons 5/5/24-6/16/24 Pathfinder Campus</p>	<p>Calling all people with experience using power tools! Here's a chance to serve those attending Summer Blast 2024 with your work behind the scenes. This group will be hard at work constructing and building the sets for Summer Blast. Specific dates will be communicated by the leader, but will begin meeting weekly on Sunday afternoons in May through June 16th, with some weekday evenings added. Meeting schedule and details will be communicated by the leader.</p>
<p>THE WEEDERS STRIKE BACK Dan Winkelman Co-Ed 18+/ under 18 with an adult Saturdays @ 9:00AM 4/6/24-5/18/24 Pathfinder Campus</p>	<p>Calling all green thumbs and those who want to connect with creation and community! Help Pathfinder Church stay on top of weeds and landscaping during the spring season. We will be weeding areas around campus and addressing areas of need. Bring your thoughts and ideas to potentially change areas with native flora and fauna. This team meets weekly for 4 weeks starting on 4/6/24. Meeting schedule and details will be communicated by the leader.</p>
<p>WOMEN'S EVENTS PLANNING TEAM Liz Arras Women, 18+ Tuesdays @ 6:30PM Dates vary Pathfinder Campus</p>	<p>Join this established group of women who regularly gather to brainstorm, plan, and execute Pop-Up events for our Pathfinder women and the larger community. If you have a heart for serving, a creative mind, and/or know how to plan a good time, this team is for you! This team meets about once a month throughout the Action Team season and as needed based on the events.</p>
<p>BEE-KEEPING Scott Allred Co-Ed 18+, under 18 with an adult Wednesdays @ 6:30PM 2/7/24-5/15/24 Pathfinder Campus & Leader's Home</p>	<p>This team is for the serious investor (cost for equipment and bees average around \$600) to learn about what it means to have honey bees and then to be led, hands-on, in starting your hive by an experienced bee-keeper. The first two meetings on 2/7/24 and 2/21/24 will be informational, so participants who need to learn more before committing are welcome to join. After that, it's a full dive into your own hive! The leader will work with team members to establish their hives the remaining 4 sessions.</p>

<p>KIDS MIN PREP TEAM Lindsay Spanovich & Chelsea Poston Women Fridays @ 9:00AM 1/26-3/29 Pathfinder Campus</p>	<p>Come help prepare supplies for the early childhood classrooms in Pathfinder Kids Ministry. Moms with young kids tagging along are especially welcome, as they won't be alone. This serving team is very flexible, accommodating, and welcoming! This ongoing team meets weekly starting on 1/26/24 and runs through March. Meeting schedule and details will be communicated by the leaders.</p>
<p>THE POWER OF PURPOSE BOOK STUDY Barb Rigabar Co-Ed 18+ Wednesdays @ 7:00PM 1/24/24-2/28/24 Pathfinder Campus</p>	<p>Are you moving toward your God-given potential and a career/work life of meaning and purpose? Join us for discussion and exploration during a book study of <i>"The Power of Purpose: Find Meaning, Live Longer, Better"</i> by Richard Leider. Topics may include the Biblical foundations of work, What is your Purpose, The Purpose Quest, Purpose & Work, and Purpose & Well-Being. Participants must purchase the book and come ready to complete introspective homework.</p>
<h2>SPIRITUAL ACTION TEAMS</h2>	
<p>LECTIO DIVINIA Rachel Hinz Co-Ed Tuesdays @ 11:00AM 1/23/24-3/12/24 Pathfinder Campus</p>	<p>Be refreshed for today with an ancient monastic practice of prayer, Bible reading, and meditation. Latin for "Divine Reading," this practice will help you see the Word of God as living and breathing. Join with others for this 8 week team and share in the encouragement! The leader will reach out with specific locations to meet at Pathfinder each week.</p>
<p>THE CHOSEN: SEASON 1 Margie Speichinger & Theresa Peters Women Thursdays @ 9:30AM 1/18/24-4/18/24 Pathfinder Campus</p>	<p>Welcome, women, to an opportunity to encounter Jesus and His ministry through the acclaimed series, <i>The Chosen</i> (Season One). Each meeting, we will gather to watch an episode and then discuss it using the "What Does It Mean to Be Chosen?" study guide by Amanda Jenkins (available on Amazon). Childcare is available. The leader will notify participants of the full schedule for this 8 session bi-weekly team. Begins 1/18/24.</p>
<p>PATHFINDER PRAYER TEAM Donna Hollingsworth Co-Ed Sundays @ 10:15AM 1/21/24-3/24/24 Pathfinder Campus (School Office)</p>	<p>Jesus says in Matthew 18:20, "For where two or three are gathered in my name, there am I among them." This group invites you to meet and join with others in prayer between weekend services to pray for our community, the church, and any personal need in your heart. Praying aloud is not required! We hope to connect with God and each other using our time intentionally. This team meets weekly for 10 weeks starting on 1/21/24. Meeting schedule and details will be communicated by the leader.</p>
<p>THE PROPHETS & MIRACLES OF JESUS Darla Loesch Women, 55+ Thursdays @ 9:30AM 1/11/24-4/11/24 Pathfinder Campus</p>	<p>Journey through the Old and New Testaments with this established team of ladies as they begin with studying some of the Prophets of the Old Testament and then continue with looking at the miracles of Jesus. Meetings include both large group and small group components with opportunities to grow in relationships with one another. Materials are provided through donations and will be distributed in an informational meeting on 1/4/24 at 9:30 AM.</p>

<p>AMOS BY JENNIFER ROTHCHILD Susan Heep & Val Kraus Women Tuesdays @ 9:15AM 3/12/24-4/30/24 Pathfinder Campus</p>	<p>Amos is often called a prophet of doom, and when you begin to read his prophecy, it doesn't take long to realize that nickname fits. On the surface, his prophecy doesn't sound like a happy formula for the good life. However, every condemnation he gives serves as an invitation, a cry, for us to "seek God and live" (Amos 5:4). You'll be invited to live assured, faithful, chosen, humble, justly, prayerful, and hopeful. This kind of living will bring us and others around us peace and true prosperity.</p>
<p>PURSUIT OF GOD Schon Carr Men, 22-40 years Tuesdays @ 6:00PM 1/23/24-2/27/24 Pathfinder Campus</p>	<p>If you're a guy looking to connect more to God and to other guys, this Action Team is for you. We'll tackle A.W. Tozer's book <i>The Pursuit of God</i> and work through the discussion and study questions together. This team meets weekly for 6 weeks starting on 1/23/24. Meeting schedule and details will be communicated by the leader.</p>
<p>WHOLE LIFE SOUNDS WEIRD! Doug Mauss Co-Ed Wednesdays @ 8:00PM 2/7/24-3/13/24 Pathfinder Campus</p>	<p>Jesus said that he came to humanity in order that we might have "whole life" in him (John 10:10b). But too often our Christian pursuit is single-faceted, only emphasizing our need to grow in the "spiritual" aspect of life. What could it look like to let Jesus bring fulfillment to every part of your life—physical, financial, vocational, mental, relational, and spiritual? Come join this study and be inspired to take a next step of healing and growth in the part of your life that needs it most!</p>
<p>BREATHE BY PRISCILLA SHIRER Carly Kreuzman Women 18+ Thursdays @ 7:00PM 1/25/24-3/14/24 Leader's Home - Ballwin</p>	<p>One of the greatest challenges among women in our culture is taking time from all the activities to just breathe. We are constantly completing endless to-do lists that hinder us from experiencing all that God has for us. By neglecting time for tranquility, serenity, and repose, we limit our Christlikeness and miss out on some of God's greatest gifts. In the Old Testament, Sabbath was given to the Israelites as a gift, and it is still a gift to us today. If you are weary, worn out, and exhausted, then the concept of Sabbath will change your life.</p>
<p>THE CHOSEN: SEASON 2 Don Sternberg Co-Ed Thursdays @ 7:00PM 1/25/24-3/14/24 Pathfinder Campus</p>	<p>The Chosen is an amazing, biblically-centered, quality video series that tracks the life of Jesus through the gospels. Newly seeing these stories will help you see Jesus through the eyes of those who knew Him. In each session, we will watch an episode of Season 2, then discuss how we relate to the characters and see Jesus working in our lives. This team meets weekly for 8 weeks starting on 1/25/24.</p>
<p>GENESIS Susan Bentzinger Co-Ed Fridays @ 12:00PM 1/5/24-4/26/24 Pathfinder Campus</p>	<p>Jump into Genesis verse by verse with a highly knowledgeable and dynamic leader who weaves history, geography, and the Gospel into each session. This 11-week session started in the fall, but continues to welcome new people as the journey continues for God's people, both then and now! Bring your Bible and your lunch. Study notes are provided by the leader. No homework is required. This ongoing team meets weekly starting on 1/5/24 and runs through April.</p>

<p>THE SHACK GUYS Bernie Kertz Men 18+ Fridays @ 6:30AM 1/26/24-4/26/24 The Shack- Chesterfield</p>	<p>This weekly Bible study is for men looking to grow in their faith while enjoying fellowship and good food! Join this team and get a taste for what you have been missing. The leader will reach out with materials needed for the study. This ongoing team meets weekly starting on 1/26/24 and runs through April. Meeting schedule and details will be communicated by the leader.</p>
<p>RUTH: BY KELLY MINTER Susan Heep & Val Kraus Women Tuesdays @ 9:15AM 1/16/24-2/27/24 Pathfinder Campus</p>	<p>Ruth's journey of unbearable loss, redeeming love, and divine legacy. This study delves into the virtuous character of Ruth, her unique relationship with her mother-in-law Naomi, and her blossoming love with Boaz. If you've ever felt devastated, struggled as a stranger, longed to be loved, or wept along the way, you'll find a loyal sister in Ruth. This team meets weekly for 6 weeks starting on 1/16. Meeting schedule and details will be communicated by the leader.</p>
<p>SENIOR MEN'S BIBLE STUDY Roger Altenburger Men, 55+ Wednesdays @ 8:00AM 1/24/24-4/28/24 Leader's Home - Ballwin</p>	<p>"Iron sharpens iron" in this established team of senior men who gather weekly to study God's Word and encourage each other in their faith. This team has been meeting for years and happily welcomes "new, older men" to join them as they study scripture. This ongoing team meets weekly starting on 1/24/24 and runs through April. Meeting schedule and details will be communicated by the leader.</p>
<p>FINDING I AM BY LYSA TERKEURST Susan Klussman Women 18+ Tuesdays @ 7:00PM 1/9/24-2/20/24 Online via Zoom</p>	<p>What is the deep cry of your heart? The ache in your soul just waiting to be fulfilled? The prayer you keep repeating without end? Jesus not only cares about this deep, spiritual wrestling, but He also wants to step in and see you through it. Join author Lysa TerKeurst on the streets of Israel to explore the I AM statements of Jesus found in the Gospel of John, ultimately trading feelings of emptiness and depletion for the fullness of knowing who Jesus is in this in-depth Bible study.</p>
<p>FINDING GOD FAITHFUL BY KELLY MINTER Susan Klussman Women 18+ Tuesdays @ 7:00PM 2/27/24-4/23/24 Online via Zoom</p>	<p>Trace the path of Joseph's life in the book of Genesis to observe how God's sovereignty reigns, even in our darkest moments. Learn to recognize when God is working during periods of waiting, trust God's plan when life doesn't make sense, and rest in the sufficiency of His presence in every circumstance. His provision is enough, His presence is constant, and His purpose is unstoppable. Participants will need to purchase the study guide.</p>
<p>THE CHOSEN: SEASON 4 Bryan Hilton Co-Ed Mondays @ 7:00PM 3/25/24-5/13/24 Pathfinder Campus</p>	<p>This team is ideally designed for those who have already experienced Seasons 1, 2, and 3 of <i>The Chosen</i> and are ready to dig into Season 4. In each session, we will watch an episode of Season 4, then discuss how we relate to the characters and how we see Jesus working in our lives. This team meets weekly for 8 weeks starting on 3/25/24. Meeting schedule and details will be communicated by the leader.</p>

<p>MOMENTS: MOMS IN PRAYER Rachel Hinz Moms of school-aged kids Fridays @ 8:30AM 1/19/24-3/29/24 Pathfinder Cafe</p>	<p>The life of a mom can be a bit hectic between kids, work, and life's schedules. If you are finding yourself with a desire to be intentional in growing your prayer life, then join other moms this fall in a Moment of prayer. We'll connect with one another in our vocation as faith-filled moms, praying for our kids, our schools, and our community. You can bring your younger non-school-age kids with you. Meet us in the Commons - Cafe opens at 8 am for you to grab coffee or tea, and we will start prayer at 9 am.</p>
<p>GROWING DEEPER Nate Martin Co-Ed Sundays @ 10:15AM 1/21/24-4/7/24 Pathfinder Campus</p>	<p>Don't let a great Pathfinder message be forgotten: join this team and enjoy relating to the message with other people! Together, let's grow deeper in our understanding of what we are learning, using questions written specifically for each Pathfinder message. Join this friendly discussion team that meets between services and looks at our pastors' questions to help us prepare for or process the message (either service attendance is your choice).</p>
<p>IRON CHICKS Trish Alexandre Women, 50+ Thursdays @ 8:00AM 1/25/24-4/25/24 Ellisville Area</p>	<p>Just as iron sharpens iron, women need other women to grow and sharpen a strong faith! If you are looking to connect with the Bible in contemporary studies with women who are indeed young at heart, then join this team. This team is currently studying Matt Chandler's Bible study "<i>James: Faith/Works</i>" and invites you to jump in with them! Once this ends, the group will choose the next study.</p>