

# Initiative is seeing what needs to be done and doing it.

Read Hebrews 12:1

DAY

1

## Finding a Focus

Grab a sheet of paper. Roll up the paper to create a tube and secure with tape or glue. Ask a friend to play a game of Find It. Take turns looking around your space and naming an object. The other person will look through the tube with one eye closed or covered so that they can only focus on the object through the tube. Take turns playing!

**Look for ways that you can use your focus to help others.**

DAY

2

## Focus, Don't Fidget!

Sometimes small things like standing in one place takes a lot of focus but when we have a focal point it makes things a lot easier! Find an open space in your house, stand on one foot and have someone count how long you can balance. Now, find a focus point in your room. It could be a dot on the wall, a picture, anything that doesn't move. Stand on one foot again while focusing on that point and count. Did it make your time longer or shorter?

**Know that with God's help you can focus on things that matter.**

DAY

3

## Throw It!

Read this week's Bible verse, Hebrews 12:1. On a sheet of paper write the words: "Throw off what stands in our way!" and write or draw something that can keep you from helping others! Is it video games or TV? After you have written what stands in your way, crumble up that paper and throw it away to signify that you are going to try better on taking initiative!

**Ask God to help keep distractions away when you need to focus.**

DAY

4

## Let's Focus

God wants us to stay focused on telling others about Him, taking initiative, and helping others. If we can stay focused on what God wants us to do we can show others His love for them! Talk to God and ask Him for help.

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"Dear God, Help me to show others that they are important by helping them, being there for them, and staying focused on what you want from me. I pray that I can have good initiative this week. Amen."

**Stay focused on what needs to be done.**

